

The purpose of this form is to identify people who apply to work or volunteer for St John Ambulance who have health conditions that may affect their ability to carry out their role(s). The information you provide will also enable St John Ambulance to assess whether any workplace adjustments are necessary to assist you in performing your volunteer or employee activities safely and effectively.

The form is also used for existing volunteers and employees who change their role, or have had a change in their health status. In that case, for “applicants” read “volunteers and employees”.

*Young people under 14 enrolling to be Badgers or Cadets should complete a different form “Health Declaration – Cadets (under 14) and Badgers”*

### Instructions

This form is split into four sections:

<b>Section 1</b> is to be completed by <b>all applicants</b>
<b>Section 2</b> consists of two parts:  <b>Part A</b> is to be completed by Office at Erne  <b>Part B</b> is to be completed by Area or District St John Ambulance Medical Officer.
<b>Section 3</b> is to be completed by <b>all applicants whose role will require patient contact, manual handling and/or driving.</b> It consists of three parts:  <b>Part A</b> is to be completed by applicants whose role requires <b>patient contact, manual handling and/or driving</b>  <b>Part B</b> is to be completed <b>by applicants who will have direct contact with patients</b>  <b>Part C</b> is to be completed <b>by applicants whose role will include driving</b> a St John Ambulance vehicle
<b>Section 4</b> is to be completed by <b>all applicants</b>

The completed form will be treated as confidential and stored securely by St John Ambulance. It will be accessed only by authorised personnel at Office at Erne and by the Medical Officer appointed to review health declarations on behalf of St John Ambulance.

Should it be necessary to obtain further information in response to the answers given, a supplementary health declaration will be requested. This will be treated in confidence and will only be reviewed by authorised healthcare personnel.

**Section 1 Basic information**  
*To be completed by all applicants*

Title: <input type="checkbox"/> Mr <input type="checkbox"/> Mrs <input type="checkbox"/> Miss <input type="checkbox"/> Ms <input type="checkbox"/> Other (please state):	
Date of birth:	<input type="checkbox"/> Male <input type="checkbox"/> Female
Surname:	First name:
Address:	
Postcode:	Telephone no:
Mobile no:	Pager no:
Email:	
Unit/Area/District:	Erne/Employee
Position/role(s):	
Do you currently suffer from any illness or disability that may require workplace adaptations? <input type="checkbox"/> Yes <input type="checkbox"/> No	

**Section 2 Outcome** Official use only

**Part A To be completed by Office at Erne after the applicant has completed the form**

Select the relevant check box	Action
<input type="checkbox"/> One or more boxes have been left unchecked in section 3 and/or 4	Return form to applicant and request they fill in required fields
<input type="checkbox"/> No YES boxes checked (other than immunisations and driving licence section)	Fit for all roles
<input type="checkbox"/> One or more YES boxes checked (other than immunisations) and/or further details have been provided	Refer for clinical review
Name:	Position:
Signature:	Date:

**Part B Clinical recommendations**  
*To be completed by the Area/District Medical Officer*

Role/job description(s) provided? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Supplementary questionnaire reviewed? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Medical examination by occupational health doctor recommended or report from GP needed? <input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Recommendations</b> <i>Please select one option</i>	
<input type="checkbox"/> Fit for role(s)	
<input type="checkbox"/> Suitable for role(s) but with restrictions/adaptations to working practice or environment (eg. no heavy lifting/regular breaks needed - provide details in the 'Additional notes' section below)	
<input type="checkbox"/> Not fit for role(s)	
Additional notes:	
Name:	Position:
Signature:	Date:

**Section 3 Health status declaration** Official use only

**Part A General**  
*To be completed by all applicants whose role will require patient contact, manual handling and/or driving (e.g. trainers, first aiders, ETAs, HCPs)*

<b>1</b>	Do you have any illness, condition or impairment (physical or mental) which may affect any of the following?	
<b>a</b>	Your ability to work	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>b</b>	Your ability to care for others	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>c</b>	Your ability to lift	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>d</b>	Your ability to bend	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>e</b>	Your ability to kneel	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>f</b>	Your ability to see, hear or speak	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>g</b>	Your ability to climb one 13-step flight of stairs	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>h</b>	Your stamina (defined as being able to walk at your own pace on level ground without stopping for at least 15 minutes)	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>2</b>	Do you have any medical condition or disability which may cause you to pose a risk to your colleagues or members of the public?	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>3</b>	Are you having or waiting for treatment or investigations (including medical or surgical treatment, eg. surgery, heart stress test, EEG) that may affect your work?	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>4</b>	Have you at any time experienced any fits, faints, seizures, blackouts or epilepsy?	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>5</b>	Are you taking any prescribed medication or any medication that you have bought for yourself (including herbal remedies)?	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>6</b>	Have you had any other illness, infection, serious injury or operation not mentioned above?	<input type="checkbox"/> Yes <input type="checkbox"/> No

**Part B Immunisation and infection screening**  
*To be completed by all applicants whose role will require patient contact (e.g. first aiders, ETAs, HCPs)*

<b>1</b>	Have you ever had a positive test for any of the following?	
<b>a</b>	Any blood borne virus, eg. HIV, Hepatitis B or C	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>b</b>	Tuberculosis (determined by Heaf test or Mantoux test)	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>2</b>	Have you ever had the following immunisations?	
<b>a</b>	BCG	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>b</b>	Tetanus	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>c</b>	Hepatitis B	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>d</b>	Measles	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>e</b>	Mumps	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>f</b>	Rubella (or if you have not had the immunisation do you know that you are rubella immune?)	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>g</b>	Polio	<input type="checkbox"/> Yes <input type="checkbox"/> No

**Section 3 Health status declaration** Official use only

**Part C Driving**  
*Only to be completed by all applicants whose role will involve driving a St John Ambulance vehicle*

If you answer YES to any question from 2 to 10 it doesn't necessarily mean that your ability to drive is affected, but we may conclude it is not appropriate for you to drive St John Ambulance vehicles (for example compliance with DVLA guidance)

<b>1</b>	What sort of driving licence do you hold?		
	<b>a</b>	Ordinary driving licence	<input type="checkbox"/> Yes <input type="checkbox"/> No
	<b>b</b>	PSV/HGV (Group 2) licence	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>2</b>	<b>a</b>	Have you ever needed to contact the DVLA regarding your health?	<input type="checkbox"/> Yes <input type="checkbox"/> No
	<b>b</b>	Is your driving licence restricted for medical reasons? <input type="checkbox"/> One year <input type="checkbox"/> Three years <input type="checkbox"/> Five years	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>3</b>	<b>a</b>	Do you, or have you suffered from epilepsy: eg. a tendency to have seizures (fits or other seizures) past the age of five?	<input type="checkbox"/> Yes <input type="checkbox"/> No
	<b>b</b>	If YES, have you been seizure (or fit) free and off all anti-seizure medication for 10 years?	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>4</b>	<b>4a-4d SHOULD ONLY BE COMPLETED BY PEOPLE WITH DIABETES</b>		
	<b>a</b>	Do you, or have you suffered from any of the following?	
	<b>1</b>	Diabetes requiring treatment with insulin for at least four weeks	<input type="checkbox"/> Yes <input type="checkbox"/> No
	<b>2</b>	Diabetes treated with medication other than insulin	<input type="checkbox"/> Yes <input type="checkbox"/> No
	<b>3</b>	Any hypoglycaemic (low blood sugar) event requiring help from another person while driving, in the last 12 months	<input type="checkbox"/> Yes <input type="checkbox"/> No
	<b>b</b>	Have you had any laser eye treatment?	<input type="checkbox"/> Yes <input type="checkbox"/> No
	<b>c</b>	Do you keep detailed recordings of your blood glucose measurements (twice a day at times appropriate to driving St John Ambulance vehicles)?	<input type="checkbox"/> Yes <input type="checkbox"/> No
	<b>d</b>	Do you attend a diabetic clinic annually?	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>5</b>	Have you ever been advised not to drive because of eye problems?		<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>6</b>	Do you, or have you suffered from any of the following neurological problems?		
	<b>a</b>	Any chronic neurological disorders (including multiple sclerosis, Parkinsonism, motor neurone disease)	<input type="checkbox"/> Yes <input type="checkbox"/> No
	<b>b</b>	Any sudden attacks of dizziness, vertigo, unsteadiness or sleepiness (including Ménière's disease, sleep apnoea, narcolepsy or cataplexy)	<input type="checkbox"/> Yes <input type="checkbox"/> No
	<b>c</b>	Stroke (CVA), mini-stroke (TIA) or bleeds in the head eg subarachnoid haemorrhage (including transient loss of vision in one eye, known as amaurosis fugax)	<input type="checkbox"/> Yes <input type="checkbox"/> No
	<b>d</b>	Brain tumour or any other brain abnormality	<input type="checkbox"/> Yes <input type="checkbox"/> No
	<b>e</b>	Head injury resulting in loss of consciousness or requiring hospital admission in the last 10 years	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>7</b>	Have you had neurosurgery for any reason?		<input type="checkbox"/> Yes <input type="checkbox"/> No

<b>8</b>	Do you, or have you suffered from any of the following cardiovascular problems?	
	<b>a</b>	Angina or heart attack (MI) <span style="float:right"><input type="checkbox"/> Yes <input type="checkbox"/> No</span>
	<b>b</b>	Angioplasty, stent insertion coronary artery bypass grafting (CABG) or any other cardiac procedure including pacemaker insertion or ablation <span style="float:right"><input type="checkbox"/> Yes <input type="checkbox"/> No</span>
	<b>c</b>	Peripheral arterial disease (excluding Buerger's disease) or claudication eg Raynauds disease <span style="float:right"><input type="checkbox"/> Yes <input type="checkbox"/> No</span>
	<b>d</b>	Aortic or thoracic aneurysm <span style="float:right"><input type="checkbox"/> Yes <input type="checkbox"/> No</span>
	<b>e</b>	Abnormal heart rhythm (including atrial fibrillation) including the insertion of pacemakers <span style="float:right"><input type="checkbox"/> Yes <input type="checkbox"/> No</span>
	<b>f</b>	Heart failure (CCF) <span style="float:right"><input type="checkbox"/> Yes <input type="checkbox"/> No</span>
	<b>g</b>	High blood pressure (hypertension) <span style="float:right"><input type="checkbox"/> Yes <input type="checkbox"/> No</span>
	<b>h</b>	Inherited conditions (including Marfan's syndrome, hypertrophic obstructive cardiomyopathy (HOCM), congenital heart disease) <span style="float:right"><input type="checkbox"/> Yes <input type="checkbox"/> No</span>
<b>i</b>	Any other cardiac surgery or cardiac investigations <span style="float:right"><input type="checkbox"/> Yes <input type="checkbox"/> No</span>	
<b>9</b>	Do you, or have you ever suffered from any of the following?	
	<b>a</b>	Any mental illness requiring treatment with medication that may cause impairment of concentration or drowsiness <span style="float:right"><input type="checkbox"/> Yes <input type="checkbox"/> No</span>
	<b>b</b>	Dementia or learning/developmental/behavioural disorders <span style="float:right"><input type="checkbox"/> Yes <input type="checkbox"/> No</span>
<b>c</b>	Alcohol or drug misuse or dependency <span style="float:right"><input type="checkbox"/> Yes <input type="checkbox"/> No</span>	
<b>10</b>	Do you, or have you ever suffered from any of the following conditions?	
	<b>a</b>	Sleep apnoea <span style="float:right"><input type="checkbox"/> Yes <input type="checkbox"/> No</span>
	<b>b</b>	Metastatic cancer <span style="float:right"><input type="checkbox"/> Yes <input type="checkbox"/> No</span>
<b>c</b>	Any other condition not mentioned above <span style="float:right"><input type="checkbox"/> Yes <input type="checkbox"/> No</span>	

**Section 4 Declaration and consent for further information**

*To be completed by all applicants*

**The information provided by you in this form is to enable an assessment to be made of your general health and fitness, in relation to your role. Your data will be stored in accordance with the Data Protection Act (1998). Please note that any information remains confidential to the medical officer or nominated individual. Further information may be requested from your GP with your permission and this will be used for clarification of some of the information you have provided. Please read the following statements, check the boxes and sign below**

- I declare that the information provided on this form and any attachments is true, honest and complete to the best of my knowledge and belief
- I declare that no information has been withheld which may influence any decision regarding my ability to carry out my role or roles
- I declare that no information has been withheld that would be considered as a potential risk to my ability to safely drive a St John Ambulance vehicle (applicable to those applying for driving roles only)
- I agree that I will notify St John Ambulance of any changes to my health
- I understand that false or misleading information could lead to my employment or volunteer role with St John Ambulance being terminated

Signed:

Date: