



# St John Ambulance QUB LINKS

## *Orientation 2013*



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## WHAT IS LINKS?

LINKS is the section of St John Ambulance dedicated to university students.

LINKS groups are particularly popular and offer a great opportunity to perfect the work-life balance

As a university student in St John Ambulance, there are many opportunities available to members such as first aid, socialising, training and volunteering



## Society objectives for the year

To improve the variety of training courses for members:

- Patient Transport
- Cycle Responder Course

To continue to offer essential courses for members: Trainee First Aider, First Aider, Advanced First Aider, Fire Marshall

Develop the website further

Encourage members to go out on Operational Events



# The Committee 2012/13

<b>SJA (NI) District LINKS Coordinator</b>	Dr Andrew Kerr
<b>QUB LINKS President</b>	Daniel McNally
<b>VP Logistics</b>	Tom Phillips
<b>VP Social</b>	David Sands
<b>Treasurer</b>	Ben Bickerstaff
<b>Training Officer</b>	Lynsey McKenna
<b>Operations</b>	Ben Bickerstaff
<b>Unit Secretary</b>	Rebecca Baker
<b>Web/Media</b>	Grace Geary
<b>Medical Coordinator</b>	Dr Grace Cuddy

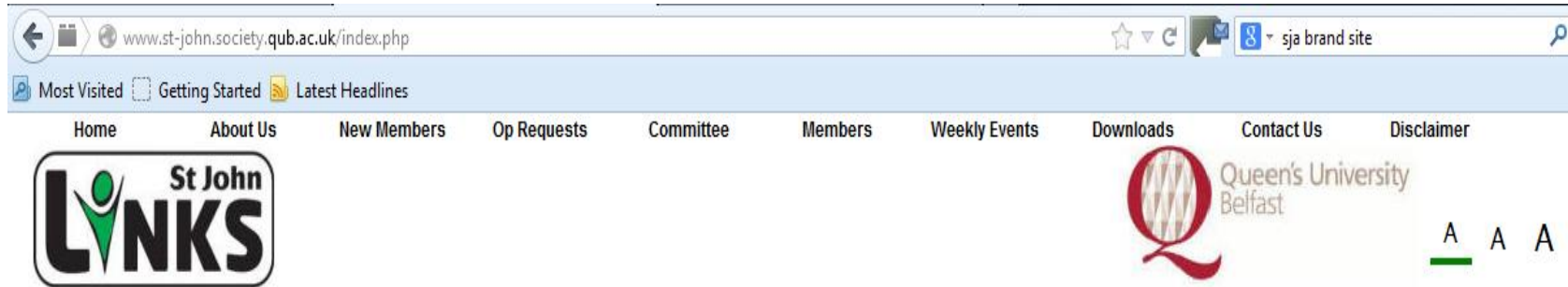
# Essential Reading



**QUB LINKS**  
**Orientation Pack**  
**2013/2014**



# Our Website



Can you be the difference  
between a life lost and a  
life saved?

[Quick Links](#)

[Latest News](#)

[More Links](#)

## Meeting Nights

Monday Evenings

Club rooms 3+4

19:00hrs 20:30hrs

## Additional Training

We Link in with other St John Ambulance divisions for additional training and these courses may occur at weekends



## Joining Process 2013/14

You must join if you wish to gain any of the qualifications that we offer or volunteer at our duties. This section is a brief explanation of the process that will enable you to become a member.

At first glance, the procedure may seem a little time-consuming, but it is necessary to ensure the safety of our members and of any casualties that we treat. **These forms must be returned before you can commence any training.**

If you have any issues with any part of the application process please feel free to contact the secretary or NI LINKS coordinator who will be glad to assist you with any part of the application!

To get the ball rolling you will need to fill in a new membership application form and health declaration form.

Everyone needs to fill in one of these, whether you are brand new to St John or whether you are already a member.

Current members of St John do not need to transfer from their home division as you can simply be "associated" with a LINKS division for the time you are at University

Joining forms may be found on our website:

[www.st-john.society.qub.ac.uk](http://www.st-john.society.qub.ac.uk)

## Commitment

At QUB LINKS we offer the opportunity to go out on duty and put your skills learnt into real life situations. All training provided is free and looks great on your CV. It is estimated that SJA invests the equivalent £750 into each member each year. In return we ask that you volunteer for two duties a month for the unit (many members do more than this!!!)

## ACCESS NI

All members are required to complete an Access NI form. These are issued directly from DHQ and must be returned before you can commence any training.

From return of the forms the process time is approximately 2-3 weeks. **ACCESS NI FORMS SHOULD BE RETURNED DIRECTLY WITHOUT DELAY.**

**UNTIL YOUR ACCESS NI CLEARANCE HAS BEEN RECEIVED BY SJA (NI) LINKS COORDINATOR YOU ARE NOT PERMITTED TO COMPLETE ANY OFFICIAL COURSES**



## Key dates 2013/14

Return SJF 3A and Health Form along with 2 passport photos and SDU U1 form on 14<sup>th</sup> October 2012

You will be issued with a green card to sign and return

Please ensure that passport photos are signed on the reverse

All forms etc are available on the website



# Uniform



**£19.50**



**£25.50**



**Opt £35.00**

# Training 2013/2014





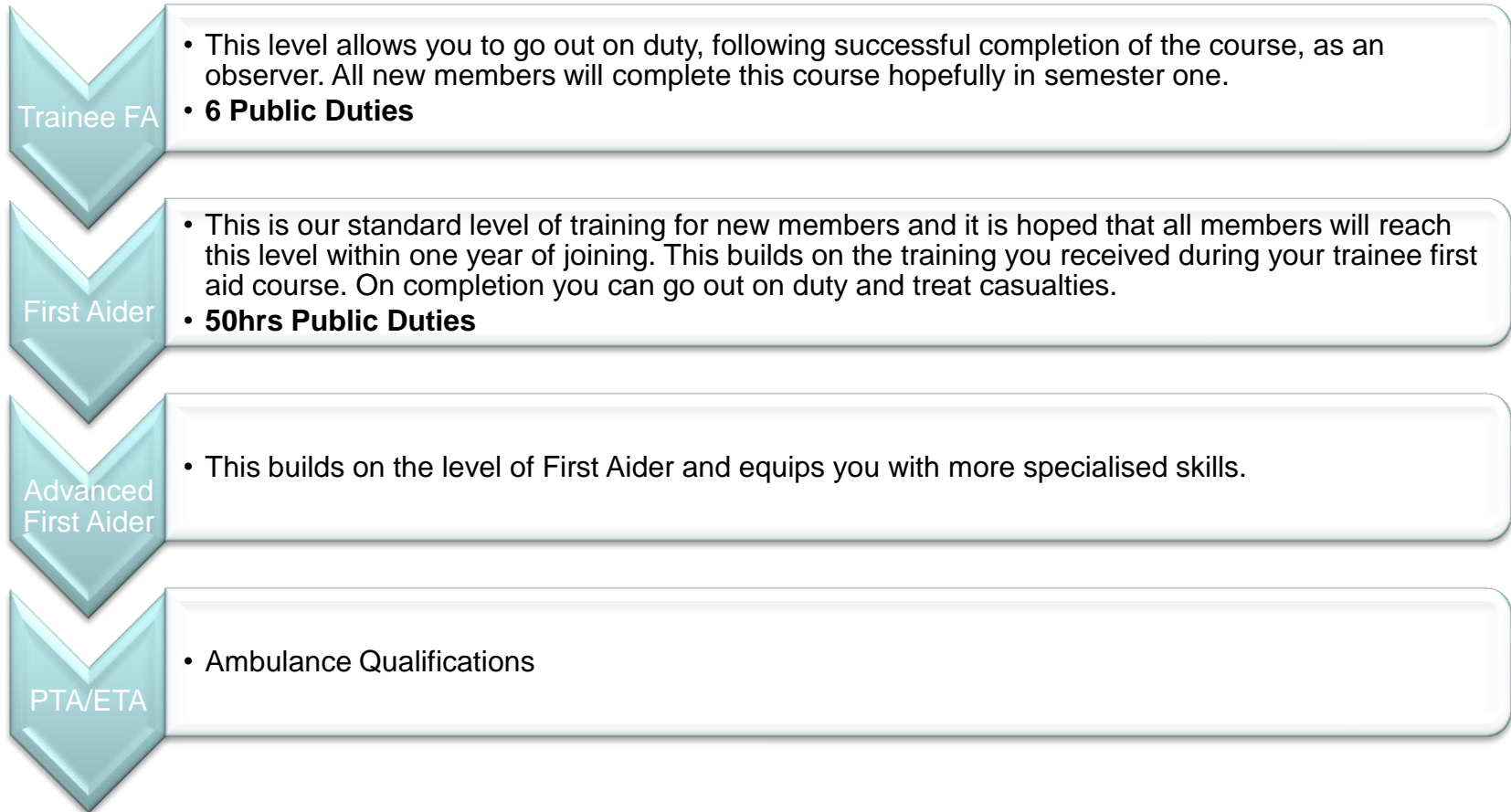
## Training 2013/14

Full training programme can be found at [www.st-john.society.qub.ac.uk](http://www.st-john.society.qub.ac.uk)



7/10/13	What SJA Offers you	Icebreakers	Icebreakers	Club Rooms 3+4	Joining Pack to be Issued
14/10/13	DR ABC	Recovery Position	CPR Skills Night	Club Rooms 3+4	Collect Joining Forms
<b>21/10/13</b>	<b>SOCIAL</b>	<b>SOCIAL</b>	<b>SOCIAL</b>	<b>Ozone</b>	<b>Laser Quest</b>
28/10/13	CPR Adult Including Special Circumstances	Paediatric CPR	Scenario Skills	Club Rooms 3+4	Uniform Order to be Processed
4/11/13*	Drill Preparation			Space	
<b>10/11/13*</b>	<b>Remembrance Sunday</b>			<b>QUB</b>	<b>Full Uniform to be worn</b>
11/11/13	Bleeding – Lacerations and Foreign Object		Airway Management Skills	Club Rooms 3+4	Final date for formal deposit money
18/11/13*	Inspection Preparation and Uniform Check			Club Rooms 3+4	
<b>23/11/13*</b>	<b>Autumn Training Day</b>			<b>2<sup>nd</sup> Comber Presbyterian Church</b>	<b>Further details to follow. Full uniform to be worn</b>
25/11/13*	St John Ambulance NI Annual Inspection and Social evening			Location to be confirmed	Further details to follow. Full uniform to be worn
<b>30/11/13 + 1/12/13*</b>	<b>Trainee First Aider Course</b>			<b>Location to be confirmed</b>	<b>Essential for Trainees 10:00hrs – 16:00hrs</b>
2/12/13	Duty Workshop (1) Radio Communication Skills			Club Rooms 3+4	
9/12/13*	Duty Workshop (2) Radio and Communication Scenarios			Club Rooms 3+4	
16/12/13	Christmas Formal Night			TBC	

# Essential Training



## Social Events Hosted

Number of events  
greatly increased  
from last year

Laser Quest

Christmas Formal

Craigavon Watersports

End of term BBQ



## **Social Event 21/10/13**

Laser Quest

Names by 14<sup>th</sup> October 2013

£5 per person

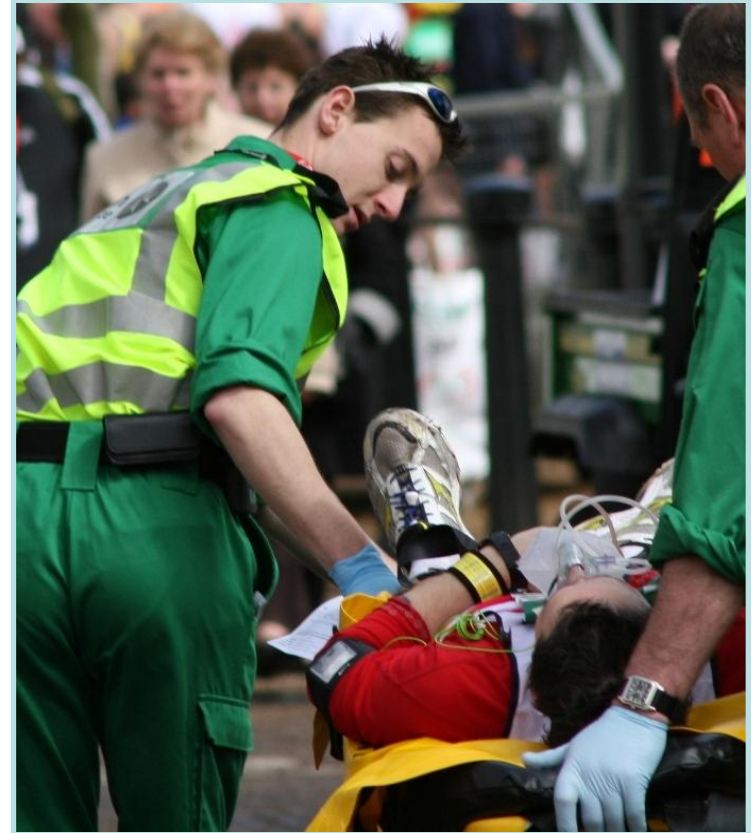
# VOLUNTEERING

Number of members out on duty greatly increased from last year.

An online duty calendar was introduced. This is the first in Northern Ireland

Wide variety of events covered including

- Belfast City Marathon
- Belfast Pride
- City Council Contract Events
- Belsonic
- 50 local events



## What Next?

Monday 14<sup>th</sup> October

Meet in CR 3+4 at **19:00hrs**

**Return SJF 3A, Health Declaration and U1**

**DRABC/ CPR Skills**

**Email [St-John@qub.ac.uk](mailto:St-John@qub.ac.uk)**

Questions?

